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Two If By Sea: Delicious Sustainable Seafood





Synopsis

Barton Seaver's second, seminal book on seafood cookery, after For Cod and Country (Sterling Epicure, 2011), offers more than 150 new mouthwatering recipes, including entrees, salads, appetizers, soups, pastas, stews, sides, and sauces. Try his Smoked Lobster and Fennel-Carrot Salad or Poached Salmon with Pickled Chilies and Mint and you'll understand what all the fuss is about. Each of Seaver's fresh-tasting, casual (and always delicious) recipes features seafood that hasn't been overfished or caught in an environmentally destructive way. This emphasis has made Seaver, already an acclaimed chef and restaurateur, one of the most important voices of the sustainability movement. The book is full of helpful advice on buying, choosing, and making the most of your ingredients, as well as an essential guide to seafood prep and cooking techniques--a must for all seafood lovers.

Book Information

Hardcover: 312 pages Publisher: Sterling Epicure (May 3, 2016) Language: English ISBN-10: 1454917873 ISBN-13: 978-1454917878 Product Dimensions: 9.1 x 1.3 x 9.1 inches Shipping Weight: 3.2 pounds (View shipping rates and policies) Average Customer Review: 5.0 out of 5 stars Â See all reviews (9 customer reviews) Best Sellers Rank: #96,901 in Books (See Top 100 in Books) #20 in Books > Cookbooks, Food & Wine > Cooking by Ingredient > Fish & Seafood

Customer Reviews

This is the third Barton Seaver cookbook I have purchased. As with all of the others, I couldn't be happier to have this in my collection. Mr. Seaver goes beyond a simple book of recipes and gives you a manual that actually improves your skills in the kitchen. From tips on how to use spices, to why we use the ingredients we use, this cookbook does it all. If you love seafood I would highly recommend Two if By Sea, as well as all of Barton Seaver's books.

Barton Seaver's recipes are so well crafted that they allow me to fool people into thinking I'm a good cook. And the book itself is just beautiful. I highly recommend this for Father's Day or any other gift-giving occasion for anyone who loves food, design, and learning about the intersection between

the food we eat and the Earth we share. This is an excellent, educational book by a highly accomplished chef and advocate.

A beautiful book that inspires the home cook to learn, embrace, and love seafood. While most cookbooks just give you recipes, Two if By Sea helps inspire confidence by teaching the fundamentals of working with seafood. I particularly love the different sauces and side dishes that make it easy to throw together a quick and healthy meal with a wide variety of flavors. A must have in the kitchen for anyone looking to make easy, delicious seafood at home.

This is the first cookbook I have purchased by Barton Server and I am delighted! This is a beautiful and informative resource that I will hold onto for years to come. Not only does it provide lovely recipes to guide you in assembling wonderful dishes, it also provides some basics that other books miss regarding the prep if locally caught shellfish, and even seaweed. Great book! Highly recommended!

Good overview of basics (oils and butter) and goes on to great dishes like Pacific Stew and Oyster Stew.Barton's seafood books are both excellent and Two if by Sea has more great recipes.We did the anchovy butter, and that turned out great.

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